50 THINGS TO DO...
When splashing out...

- Visit the **C Spa** at the Carlton Atlantic Coast Hotel, and treat yourself to a luxury facial.
- Avail of the **Carlton €200 Voucher Booklet** and get discounts in all Carlton Hotels nationwide.
- Visit **Liberties**—designer fashion house, just next door or living@liberties to buy something for that empty corner at home.
- **Falconry** lessons
- **Surfing**
- **Laser combat / high rope wire**—go to Delphi Adventure centre for a fun packed day of activities.
- **Westport Golf Club**— one of the finest in Ireland.
- **Glenans Sailing Centres** providing residential sailing courses, including sail board training. Full details from the Westport Tourist Office, or Glenans, Collanmore Island, Westport (098) 26046 or Glenans, Dublin. Telephone: (01) 6611481.

To entertain the kids...

- **Visit the pool** at the C Spa—hours of fun and activity.
- **Visit Westport House** — a treasure trove of family fun
- **Pick a Pot and Paint** it— get creative and paint your own pottery…..
- Summer time means **mackerel fishing** for all the family. Call into Doug in his tackle store “A Shore Thing,” and he will be delighted to ensure that your setup with fresh bait and know all the hotspots, ensuring fun for all!
- There are very good **horse riding** facilities and tuition at Drummindoo Stud and Equitation Centre. Telephone: (098) 25616. Carrowholly Stables and Trekking Centre. Telephone (098) 27057/087 6231345.
- **Paint Ball War Games** (098) 21294
- Take a trip to Clare Island on the “Pirate Queen” ferry and roam the beautiful island, letting the younger members of the family burn off all their energy.
- **Explore the wildlife** of the Mayo coast….book a trip for all the family on “Clew Bay Sea Safaris.”

On a budget...

- Visit the **Museum of Country Life** in Castlebar. It’s free admission and well worth a visit.
- Climb every mountain: well at least **climb Croagh Patrick**, Ireland’s holy mountain.
- **Explore the many beaches**, stretching from Bertra Strand to White Strand...do not be surprised if you have the whole beach to yourself. See for yourself why Calvin Klein decided to shoot one of their major advert campaigns on these beautiful beaches.
- Take the **complimentary bikes** from the Carlton Atlantic Coast Hotel and go for a cycle, there are lots of designated cycle lanes now, including the railway line walk.
- **Visit the Heritage Centre** and find out more historical facts about one of the only planned towns in Ireland. It’s free!
- Get the Carlton Atlantic Coast Hotel to pack you a wonderful **picnic** and take one of the many great walks in the area.
- **Visit the film locations** of the Quiet Man in neighbouring Cong.
- **Walk, cycle or run** the upgraded railway line

When it’s raining...

- Visit the **Harbourmaster Bar and Bistro**—relax in front of the fire and take it easy. After all, that is what you are here for.
- **Trace your ancestors**...so you think you have Mayo ancestry. Well you’re in good company Grace Kelly, Mel Gibson and John Wayne are a few of the international figures who have Mayo ancestors. Contact the Mayo Family Heritage Centre, where your enquiry will be dealt with by expert genealogists. 096-31809
- **Explore the pubs of Westport**...even for the non-drinker a visit to the friendly Wesport pubs is a must (make sure to finish up with a night cap in the Carlton Atlantic Coast Harbour master Bar).
- Take one of our **millinery classes** (decorative hat making) with internationally renowned Lina Stein.
- **Visit the Foxford Woollen Mills** and knit your own cardigan.
- **Visit Westport Cineplex** for all the latest film releases.
- **Visit Kylemore Abbey and Gardens**, taking in the scenic views on your trip through Connemara.
- While there, go to the **Connemara Smoke House** and see the secrets behind producing the best smoked salmon in the country...